



2022 PRE-TRYOUT OPEN GYMS

About the Open Gyms:

Open Gyms are for players looking to tune-up their skills & get a ton a reps to prepare for their upcoming tryout. They serve as a valuable tool for players to showcase their abilities in structured game-like and skill/positional focused drills to prepare them for the upcoming tryout process. It is a great opportunity to get in front of our coaches' radar early!

SMVA Staff:

Our staff has extensive experience and training to ensure that learning how to play at the beginner level or the elite level happens the "right way" and will take place in a fun engaging environment. Our coaches are current and former high school & collegiate players, grade school and high school coaches. They have many years of experience with volleyball players of all skill levels, ages, and genders.

Be sure to review the **Player Age Definition** document. Also, a completed **Waiver Form** is required for all open Gyms & Tryouts.

U12/13 & U 14 GIRLS PRE-TRYOUT OPEN GYMS (OCTOBER 2022)

Open Gyms serve as a valuable tool for athletes to showcase their abilities in structured game-like and skill/positional focused drills & prepares them for the upcoming tryout process.

Girls Division (2022-2023 Season):

U12/13-U14

Open Gym Cost: \$10/session – (Payable to SMVA)

Locations:

- **N-Sports Complex**
3101 Recreation Drive, Washington, MO 63090



Tryouts/Open Gyms

WHEN/WHERE/COST

The cost for all Pre-Season Open Gyms: \$10 at the door a night. – (Payable to SMVA)

Tryouts are \$20 at the Door. – (Payable to SMVA)

All Pre-Season Open Gyms and Tryouts will be at: N-Sports Facility

PRESEASON OPEN GYMS

AGE/GENDER	DATE	TIME	PLACE
U12/13 & U14 Girls Open Gyms			
Girls U12/13	October 17 th - 18 th -19 th -20 th	13U = 6:00-7:30PM	N-Sports Complex 3101 Recreation Drive Washington, MO 63090
Girls U14	October 17 th - 18 th -19 th -20 th	14U = 7:30-9:00PM	N-Sports Complex 3101 Recreation Drive Washington, MO 63090

TRYOUTS - DATES AND TIMES

AGE/GENDER	DATE	TIME	PLACE
U12/13 & U14 Girls			
Girls U14	Friday October 21 st	6:00 PM - 8:00 PM	N-Sports Complex
Girls U12/13	Friday October 21 st	7:00 PM - 9:00 PM	N-Sports Complex



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Field Level

SMVA is a member of FieldLevel College Recruiting Tool



AAU



AAU & JVA

SMVA is a proud partner of the JVA & AAU.



Hudl

SMVA utilizes HUDL recording and video editing for recruiting.

Contact:

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